

Kansas City Mamas Seasonal Buying Guide

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Did you know that you can save more on products just by buying them in a specific month? Here's what to stock up on month-by-month to make the most of your money.

JAN

Vacations - Airlines and Hotels have deep discounts as it is after Holiday travel and before Spring Break.

Winter Clothing (Especially during the Martin Luther King Weekend)

Medicines
Vitamins
Cereal
Linens



Health Foods
Diet Foods
Treadmills
Ellipticals

Junk Food (Especially around Super Bowl)

DVD Sale (Especially around Valentine's Day)

Winter Clothing (Especially during President's Day Weekend)

Furniture (Especially during Presidents Day Weekend)

Steak and Lobster and Roses (after Valentine's Day)

FEB


Frozen Food - National Frozen Food Month

Chocolate - After Valentine's Day

Winter Coats, Hats, and Gloves

Luggage

Golf Clubs



MAR

Organic and eco-friendly products - Earth Day

Tires and Auto Care - National Car Care Month

Ham and Baking Products - Easter

Home Improvement Supplies

Candy - Easter

Cleaning Products Cookware

APR

Condiments, Charcoal, Pickles, Chips - Anything BBQ related

Thrift Stores - New Items Due to Spring Cleaning

Mattresses - New Models Start Arriving

Seasonal Produce Air Conditioners

Camping Supplies Gym Memberships

MAY

Condiments, Charcoal, Pickles, Chips - Pre-Fourth of July

Salad Dressing

Dishes

Lingerie (Inventory Gets Turned in June)

JUN


School Supplies

Power Tools - After Father's Day

Furniture - New styles are hitting the market

Summer Clothing - 2nd or 3rd week in July

Sandals



JUL

Lunch Supplies - Drink Boxes, Lunchmeat, Chips, Snacks

Swimwear

Backpacks



AUG

iPhones and iPods (new models debut in September)

Meat - As ranchers cull herds before the winter

Cars - New models begin hitting the lots

Airfare - As Summer Vacations are over

Lawnmowers Bikes

SEP

Candy - Halloween

Patio Furniture

Grills



OCT

Turkey and Thanksgiving Fixings - Stuffing, Gravy, Canned Veggies

Baking Products

Black Friday and Cyber Monday - Toys, Small Kitchen Appliances, Electronics, Clothing

Winter Clothing - Coats, Hats, Scarfs, Mittens

NOV

Cars - Boost Sales Numbers Before End of Year

Toys - 2nd and 3rd week of December

Gift Cards - Buy \$50, Get \$10 Free Deals

After Christmas Sales - Ornaments, Lights, Gift Wrap

Large Appliances

Baking Products Turkey and Ham

DEC

PRODUCE PICKS

JANUARY

avocados
grapes
cranberries
grapefruit

oranges
tangerines
cabbage
cauliflower
rhubarb



FEBRUARY

grapefruit
oranges

strawberries
cauliflower
rhubarb



MARCH

grapefruit
oranges
pineapple

strawberries
broccoli
cabbage
rhubarb

APRIL

grapefruit
oranges
pineapple
strawberries
artichokes
asparagus

broccoli
green onions
lettuce
peas
rhubarb



MAY

blackberries
blueberries
cantaloupe
limes
cherries
grapefruit
honeydew
oranges
peaches

pineapple
strawberries
artichokes
asparagus
broccoli
green onions
lettuce
peas
rhubarb

JUNE

apricots
blackberries
blueberries
cantaloupe
cherries
honeydew
limes
nectarines
peaches

pineapples
plums
strawberries
watermelon
corn
cucumbers
lettuce
radishes



JULY

apricots
blackberries
blueberries
cantaloupe
cherries
honeydew
limes
nectarines

peaches
pineapples
plums
watermelon
corn
cucumbers
lettuce
radishes

AUGUST

blueberries
cantaloupe
cherries
honeydew
limes
peaches
nectarines
plums
pears

raspberries
corn
eggplant
watermelons
tomatoes
zucchini
squash
peppers



SEPTEMBER

apples
blueberries
cantaloupe
honeydew
watermelon
peaches
pears

plums
cauliflower
broccoli
squash
peppers
tomatoes
eggplant

OCTOBER

apples
cranberries
oranges
pears

broccoli
cauliflower
squash
spinach
brussel sprouts



NOVEMBER

apples
cranberries
grapefruit
oranges
tangerines
pears

broccoli
cauliflower
squash
spinach
mushrooms
brussel sprouts

DECEMBER

apples
avocados
bananas
grapes
cranberries
oranges
tangerines

clementines
broccoli
cauliflower
squash
mushrooms
brussel sprouts